

# Altoona

NURSING & REHABILITATION CENTER



RESPIRE CARE IS PROVIDING CARE FOR A LOVED ONE WHO NEEDS 24-HOUR NURSING CARE AND/OR CLINICAL SUPERVISION FOR A FEW DAYS OR A FEW WEEKS. IT BENEFITS BOTH THE CAREGIVER AND THE ONE BEING CARED FOR, AND PROVIDES A BREAK FOR FAMILY CAREGIVERS TO TAKE THAT MUCH NEEDED VACATION OR JUST SOME TIME TO RELAX AND REGROUP.

- **Our clinical nursing staff has over 50 years of collective clinical experience**
- **We accommodate special dietary needs including mealtime assistance and encouragement**
- **Daily activities are encouraged in group and individual settings, including religious services**
- **We have been committed to serving the community since 1973**
- **We are a 106-bed nursing facility located in the heart of the Altoona community just east of Des Moines**
- **We offer long-term and short-term care**

# Rate of \$188.00/day

---

For more information on our Respite services or to schedule a tour, please contact us today at 515.729.3206.

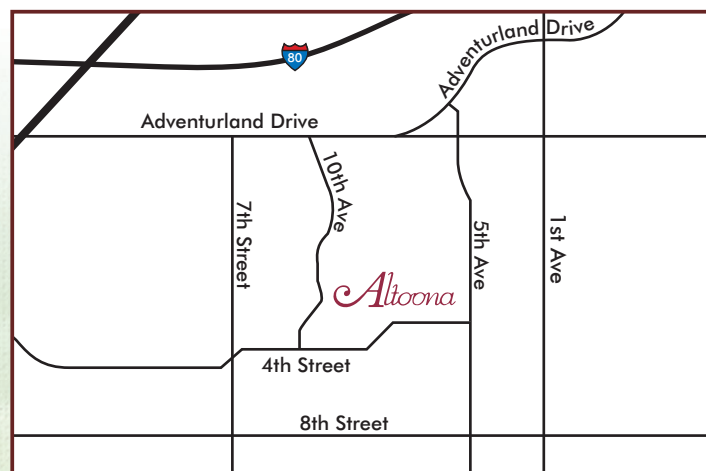
 **98%**

Family & Resident  
Overall Satisfaction & Former  
Patients Overall Satisfaction

*\*Source: MIV 2017*

# Altoona

Nursing & Rehabilitation Center



200 7th Avenue SW, Altoona, IA 50009

FACILITY 515.967.4267 | FAX 972.767.6123

ADMISSIONS CELL 515.729.3206

AltoonaNursing-Rehab.com